



**SCOTTISH  
COCHLEAR IMPLANT  
PROGRAMME**

# **Online listening activities**

**Ideas to get you started**



## Online Listening

This online listening pack has been designed to help you learn to listen with your cochlear implant. You can access various online listening activities if you have a smartphone, tablet or laptop.

Included in this pack are some Apps, websites and resources to get you started. There are numerous online resources available so explore them and find what suits you best.

### How this helps:

- Using online resources is a good way to practice listening when you are alone
- Online listening practice provides a wider range of tasks and exposes you to different voices and accents.
- Added variety of listening activities
- Can help provide structure to your listening practice
- Allows flexibility as you can complete listening practice without a conversation partner
- You can make online listening as challenging as you want (depending on your listening level).
  - You can add or remove subtitles
  - You can practice with added background noise
  - You can practice with different accents



## APPS

Access and download via your phone's APP store ('play store' for Android or 'App store' for Apple).

The below Apps may not be available for download on all devices due to compatibility.

### WordSuccess



- Activities to practice listening and recognising words in quiet or noise. You can complete activities with a listening partner, recorded voice or with background noise.

### ReDi



- Allows you to independently practice your listening skills. There are various listening activities which can be performed in both quiet and background noise.

### HEAROES



- Interactive auditory training platform to help identify environmental sounds, vocabulary, improve auditory feedback and music.

### Hear Beyond: Auditory training



- Has a wide range of activities focusing on sound identification, localisation, listening in noise and auditory memory.

### Speech Banana



- Activities which focus on common speech sounds, starting with vowels and progressing to more challenging consonants. Users can progress at their own pace.



## Websites

HearingSuccess - <https://hearingsuccess.com>

- Developed by Advanced Bionics
- You will need to register and make an account with Hearing Success to access the Listening exercises
- **SoundSuccess** is an interactive online listening program which you can then access. It has a range of exercises and you can make activities more challenging when you are ready
- You can practice listening to phrases, sentences, paragraphs, stories and general conversation. You can also listen and lip read or turn off the video to focus on listening only and you can select different speakers

MED-EL - <https://www.medel.com/en-gb/support/rehabilitation>

- Access and download Adult Rehabilitation Kits
- The rehabilitation kits are designed to be completed with a listening partner
- They have clear instructions and options for making tasks more challenging as you progress

Cochlear - <https://www.cochlear.com/uk/en/home/ongoing-care-and-support/rehabilitation-resources>

- Auditory training resources can be found in the Rehabilitation Resource Hub for Teens and Adults section
- **Adult Cochlear Implant home-based auditory training program** can be accessed: 'getting started' activities are for those beginning their journey and 'making progress' activities have a focus on enhancing listening skills



## Listening Ideas

### Audiobooks

- A useful way to practice listening to speech on your own
- When you start using audiobooks, have a physical copy of the book so that you can read along with what you are listening to or have it as back up

### Podcasts

- Access podcasts with subtitles
- Not all podcast services have the option of subtitles however there are several BBC Podcasts you can access with subtitles. You will have to access BBC sounds through the website.
- Similar to audiobooks, this will help with listening practice

### Radio

- Practice listening to 'talkback' radio programmes. This can be challenging initially and you may only pick up some words or phrases
- Listening to pre-recorded episodes via a website can be useful as you can pause and rewind

### YouTube

- Access songs, videos and interviews which you can listen to numerous times for practice
- Search for videos or interviews that have a transcript or live captions which can help with following along
- Watching videos and interviews allows you to practice listening to different voices and accents